



Worlington Pump

Winter 2017

Special Christmas Services **All Saints Church**

Carols by Candlelight

followed by

Mulled Wine & Mince Pies

Friday December 22nd

7:30 pm

*Join us for this lovely service of
Christmas readings and carols*

Christingle Service

Sunday December 17th

4:00 pm

*A special family service for Christmas and an
opportunity to make your own Christingle to take home*

Midnight Mass

Christmas Eve, Sunday December 24th

11:30 pm

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All Saints Church Services

December 2017

Sunday 3 rd	11:00 am	Holy Communion
Sunday 10 th	11:00 am	Messy Church (Worlington Village Hall)
Sunday 17 th	4:00 pm	Christingle Service
Friday 22 nd	7:30 pm	Carol Service
Sunday 24 th	11:30 pm	Midnight Communion
Monday 25 th	10:00 am	Christmas Service (St. Mary's, Barton Mills)
	11:00 am	Christmas Service (St. Andrew's, Freckenham)
Sunday 31 st	10:00 am	Joint Service

January 2018

Sunday 7 th	11:00 am	Holy Communion
Sunday 14 th	11:00 am	Messy Church (Worlington Village Hall)
Sunday 21 st	8:00 am	Holy Communion
Sunday 28 th	11:00 am	Informal Communion

Priest in Charge	Rev. Sandie Barton	01638 720048
Elder	Heath Rosselli	01638 717337
Churchwarden	Mrs Shirley Reeder	01638 716096
Treasurer	Mr Rob Garry	01638 715611

Flowers

December & January - Poinsettias Mrs A. Thornalley

Contacts for the Pump

Val McClure	01638 714336
Doreen Hubbard	01638 712688
Ellen Clowes	01638 712043
ellen.clowes@btinternet.com	

Advertising Rates

£60 per ½ page per annum
£30 per ¼ page per annum

Date for copy for the next edition by: **Monday 22nd January 2018.**

Please send articles to rob@garry.me.uk or ellen.clowes@btinternet.com. Thanks.

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Dear friends

Are you full of excitement about Christmas and New Year? Or might you be willing to admit to already feeling a bit jaded? For some of us this season can be tricky, perhaps if the responsibility for making sure everyone has a good time falls solely on us, if we are missing loved ones or if big worries are hovering over us like a miserable black cloud. If this is you, here are my top five tips for digging some proper joy out of all the tinsel, fairy lights and froth.

- 1. Give a gift** that will change someone's life. Never mind that cute Christmas jumper that will never be worn again, or the lovely vase that will get consigned to the back of a cupboard on Boxing Day, check out the alternative gifts you can buy for the in-law who has everything: for just £5 you can gift a cockerel to an African family so that they can breed their own hens (from Oxfam). For £8 you can provide a loo to refugees in South Sudan (From Christian Aid). There are so many great gifts to suit all budgets. Not only will it be a talking/laughing point over Christmas Dinner, but it will help real people to have better lives. How cool is that?
- 2. Text GODWITHUS** to 88802. That's all I'm going to say. Try it!
- 3. Double your money.** Give £1 to a charity signed up to UK Aid, there are over 20 to choose from – the government has pledged to match every £1 given to named charities between now and the end of January. (For more info see <https://www.gov.uk/international-development-funding/uk-aid-match>)
- 4. Go to church.** Well I would say that wouldn't I? But seriously – carols, candles and mulled wine, the tingle down the spine at a midnight communion service, the warm fuzzy feeling of seeing a child's face lit up by a Christingle candle – it's all a beautiful reminder that Christmas has a spiritual heart, and is not just a frenzy of consumerism. Do it!
- 5. Breathe.** Take in the frosty night air. Look around you at friends and neighbours and say a silent thank you. Don't let the busyness and rush take you over. Let there be peace and goodwill to all humankind. Amen!

With much love at this wonderful season

Sandie x

Worlie Café

Worlington Village Hall

Friday 8th December

12:00 noon - 2:00pm

Menu

Leek & Potato Soup (With Crusty Bread)

Prawn Cocktail

Roast Turkey

Vegetarian Roast

(served with a choice of stuffing, pigs in blankets, roast potatoes, carrot & swede, sprouts and gravy)

Christmas Pudding & Custard

Trifle

£10/person - limited portions

Come and join us for lunch, complete with Christmas crackers and a raffle for a festive hamper

Worlington Cricket Club

The Worlington Hall Hotel played host to the cricket club's End of Season Awards Dinner. A total of 70 guests were in attendance to enjoy a three course meal, disco entertainment and presentation of trophies to all award winners.

Chairman Paul Marston gave thanks to all those that give up their time to help the club thrive in a current climate where worryingly an increasing number of local sporting clubs at grass-roots level are struggling.

For the first time, the club's U15 award winners were recognised at the event alongside the senior teams, and head coach Terry Small reflected back on a successful season. This was followed by speeches from the captains of the club's three senior sides.

Special mentions were made to Club President and Head Groundsman Ken Lucas, as well as Mal Collen for the countless hours they invest in the club and ensuring the ground and facilities are kept in such great condition. The captains presented the trophies to their team's respective award winners which were as follows:

1st Team Bat - Graham Ford

Academy Team Bat - Matt Wittish

1st Team Bowler - Cody Golding

Academy Team Bowler - Matt Wittish

1st Team Fielder - Craig Estlea

Academy Team Fielder - Alfie Young

2nd Team Bat - Matthew Peachey

Most Improved Youth - Jake Goodall

2nd Team Bowler - Matt Wittish

U15 Bat - Toby Marston

2nd Team Fielder - Adam Gallop

U15 Bowler - Ben Wittish

2nd Team Player - Matt Wittish

U15 Player - Alfie Young

Paul Marston concluded the speeches with the presentation of the trophy for Clubperson of the Year, which this season went to Treasurer Sonia Bowns.

On behalf of Worlington CC, thank you to everyone that supported the event and the club throughout the year. Thank you also, to Karl and his team at the Hotel for playing host to a successful evening of celebrations.



All Saints' Church Quiz Night
with Fish & Chip Supper

Friday 12th January 2018

Worlington Village Hall

7.30pm



Brush off the Christmas crumbs and enjoy a good old fashioned fish & chip supper with a quiz night and our resident quizmaster, Brian Cole.

Join us for an evening of fun!

£10 per person, coffee included.

Raffle.

Please bring your own drinks

Contact:

Linda 01638 515068 or Val 01638 714336

By Wednesday 10th January please



Christmas Teas
All Saints' Church, Worlington

Sunday 17th December

2:00 - 3:30pm

Home-made

Bakes & Cakes

Forget the shopping!

*Join us for a welcome break -
share some festive cheer, a cup
of tea and something truly
scrumptious to eat!*

followed by

Christingle Service at 4pm

*Learn about Christingles and make your very own
to take home. Service followed by refreshments.*

Wardens Words

The renewal of the chancel ceiling is completed, the builders made an excellent job of it, finishing just 2 days before the unexpected funeral of Sir Reginald Secondé on Friday 17th November.

It is good to be able to use the whole church again. The choir will be very happy to return to the chancel for our Carol service on December 22nd.

Than you Trevor and Robin for renewing all the light bulbs, with LED ones this much, much to Sandie's approval!

Wishing you all a very happy and peaceful Christmas, *Shirley*.

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Tuesday Coffee Morning

All Saints' Church, Worlington

Tuesday 30th January

10:30am - 12:00 noon

*Join us for home-made biscuits
and coffee with friends and neighbours*

Everyone Welcome



Harvest Teas and Flowers - Thanks

Our apologies to all of the ladies who made All Saints Church look gorgeous at Harvest last September for omitting our thanks in the last Pump. The rich colours of the flowers, pumpkins and fruits looked absolutely glorious.

A very big thank you to all concerned and to Paula, Jacquie and Emma who as well as arranging flowers, made delicious bakes and cakes to serve at Harvest Teas. Lots of compliments were made which we are so happy to pass on to you all.

Thanks also to everyone who came to our November quiz night; to Brian Cole and everyone involved for making this a great evening. Although the scores were close, the clear winners were team "Twilight" and we look forward to a return match in January.

Thank you to the kind folk who put away tables and chairs, which is much appreciated and for donations of wonderful raffle prizes and for your company! Over £400 was made in aid of All Saints Church.

All Saints PCC

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**Forest Heath Crime Prevention Panel
with Worlington Parish Council**

Worlington Christmas Santa's Sleigh 2017



Worlington Parish Council will be helping Santa to visit
the local area on his Sleigh.

Thursday 7th December

6:15pm

Church Lane
Memorial Junction

6:30pm

Worlington Village Hall

The Sleigh will stop at these pre-advertised locations where
children can safely meet up with Santa and say hello. He will
have a post box for posting special letters that will receive a
reply if a stamped addressed envelope is given.

Forest Heath Crime Prevention Panel

Are here to help protect the vulnerable within our society via;
Crucial Crew for year 6 children, Gredley lunches for the over
75's and Santa's Sleigh to bring joy to all, with relevant anti-
crime messages and how to enjoy life but keep safe.

All monies raised will be donated to:

Sunday Supper and Suffolk Young Carers

So please give generously

All times are approximate..... depending on reindeer power!



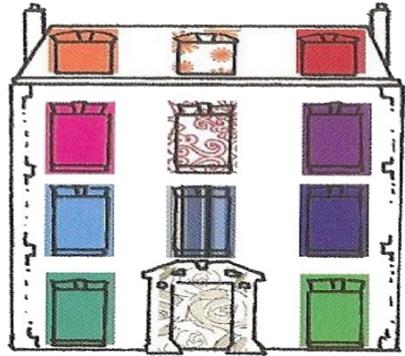


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What's on in Freckenham www.freckenham.onesuffolk.net

Wednesday 13th December, 7:00 - 9:00pm, Christmas Farmers & Crafts Market. Many of our regular stalls but with some extra seasonal ones in the run up to Christmas. So a good chance to buy some Christmas gifts and treats at the market. Even some old fashioned games & gifts from Mildenhall Museum shop. Mulled wine & mince pies as well as bar, hot drinks and cake!

Monday 18th December, 2:30 - 3:30pm, Coffee & Carols. An hour of informal carol-singing with refreshments. Free entry.

Thanking you for your support in 2017 and wishing you all a Peaceful Happy Christmas and New Year from all us in Freckenham and look what else is happening in 2018, perhaps some ideas for a New Year's Resolution to "get active", we have something for all!

Saturday 27th January, 10:00am – 12 noon Monthly Farmers & Crafts Market More stalls yet to be confirmed but likely to include our regulars like pies, bread, honey, eggs, WI preserves & pickles, plus various craft stalls. Cuppa, cakes & bacon rolls too.

Film Nights are taking a break so next one **Friday Film Nights 2nd February** – Dunkirk £5 a person no need to book just turn up.

Cert. PG-13 Run time 107 minutes. Doors & Bar open 7pm, film 7.30pm. Popcorn, snacks, ice-cream & heat/air con too!

Friday 9th February – CAE bring us Bojangles with the Quest for Excalibow.

Our weekly activities include Fun Time for the Under 5's, Karate, Zumba, yoga (day & evening), Meditation, FitSteps, Pilates (Thursday & Friday mornings), FABS, Table Tennis & Swing Jive Dance Clubs. New Move it Or Lose It class free taster session 11th January with classes starting on 18th January 2018.

Please remember to keep up to date with full information of all our weekly activities as some take a longer break than others so check our social media on Facebook & Twitter @FreckenhamVH or on posters and the website <http://freckenham.suffolk.cloud/freckenham-village-hall>.



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